

# **Redefining Drug “Crime” as Addiction: City of Brockton (MA) and the Brockton PD’s Public Health Approach to Reducing Opiate Overdoses**

## **2018 Problem-Oriented Policing Conference**

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# Champion Plan

# Champion Plan Overview

- ▶ The Champion Plan is a police-led treatment-on-demand recovery program that launched in Brockton, MA on February 29, 2016.
- ▶ The plan is meant to help place individuals with substance use disorders who want help into the level of care they want: Detoxification, Outpatient Services, Medically Assisted Treatment (MAT), etc.
- ▶ The Brockton Police Department serves as the point of entry and the Brockton-based non-profit, Gandara Center, conducts the intake, warm handoff to treatment, and follow-up contacts with clients.
- ▶ Kelley Research Associates is the research partner and has built a case management system for data collection and analysis.

# Champion Plan Overview

- ▶ The only way to enter the program is by going to the Police Department, where the police will assist the individual with a Substance Use Disorder gain entry to the program.
- ▶ Police personnel run a warrant check. If a person has a warrant they will be arrested and taken to court to clear up the warrant situation.
- ▶ If a person has a substantial drug dealing/trafficking criminal history they are not allowed entry into the program.
- ▶ If cleared by the warrant check, police personnel call the program staff from the Gandara Center.

# Champion Plan Overview

- ▶ Client is paired with a treatment specialist who triages needs and develops treatment plan.
- ▶ Once a client is placed in treatment they are also paired with a Staff Recovery Coach.
- ▶ Recovery Coaches follow-up with the clients, the treatment facility, or another family member at 72 hrs, 1 wk, 1 mo, 3 mos, 6 mos, 9 mos, 1 yr, 16 mos, 20 mos, and 2 yrs to offer additional supports or further treatment if necessary.
- ▶ All activity from initial intake to all follow-up contacts is documented in a case management database.

# Program Goals

- ▶ **Goal 1:** Ensure all individuals seeking treatment for substance use disorder receive appropriate referrals and/or placements.
- ▶ **Goal 2:** Conduct regular follow-up contacts to ensure all clients receive continuing support and assistance after the initial treatment placement/referral is provided. Follow-Up is an *intervention* as well as *evaluation tool*

# Program Goals

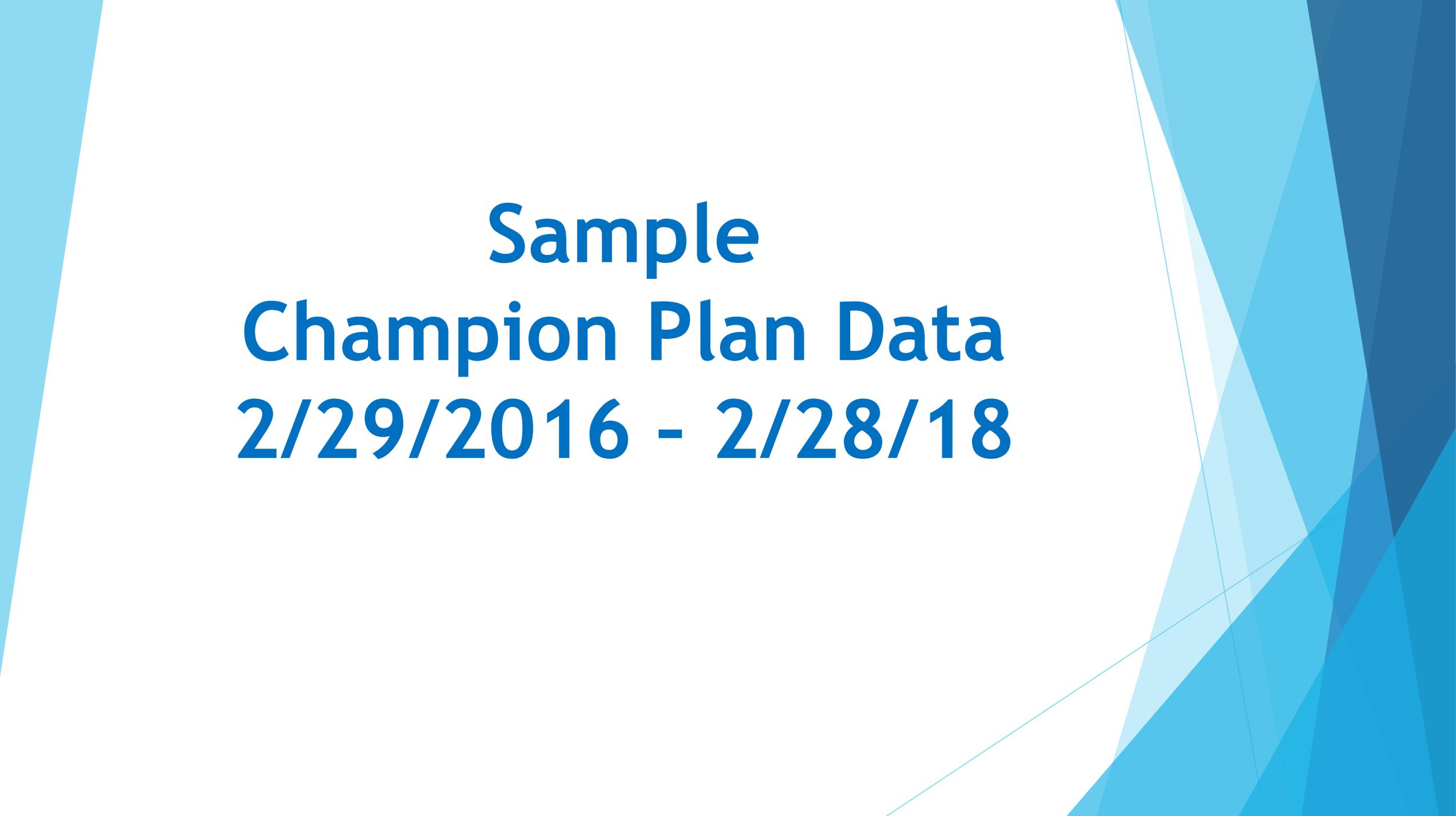
- ▶ **Goal 3:** Provide all individuals who participate in the Champion Plan with overdose prevention training as well as a resource packet containing information about local substance use disorders services.
- ▶ **Goal 4:** Provide all individuals who participate in the Champion Plan program information on how and where to access nasal naloxone.

# Examples of Data Collected

- ▶ **Number of Intakes**
- ▶ **Number of Unique Clients**
- ▶ **Number of Repeat Clients**
- ▶ **Unique Client Demographics: Gender, Age, Race, City of Residence**
- ▶ **Types of Treatment Placements**
- ▶ **Time Between Intake and Placement**
- ▶ **Client Risk Factors: OD History, Treatment History, Homelessness, Children, Mental Health Diagnosis, Substance(s) Used**

# Examples of Data Collected

- ▶ Client Exit Survey Information
- ▶ Client Follow-Up Contact Data:
  - ▶ # of Attempted Follow-ups at each time period (72 hr, 1wk, 1 mo, 3 mos, 6 mos, 1 yr, 18 mos, 2 yrs)
  - ▶ # of Successful Follow-ups at each time period (72 hr, 1wk, 1 mo, 3 mos, 6 mos, 1 yr, 18 mos, 2 yrs)
  - ▶ Current Treatment Status at each Follow-up Period
  - ▶ Current Support Services at each Follow-up Period
  - ▶ Self-Reported Relapse at each Follow-up Period

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**Sample  
Champion Plan Data  
2/29/2016 - 2/28/18**

# Question: Will Individuals Actually Walk into a Police Department and Seek Help? YES!

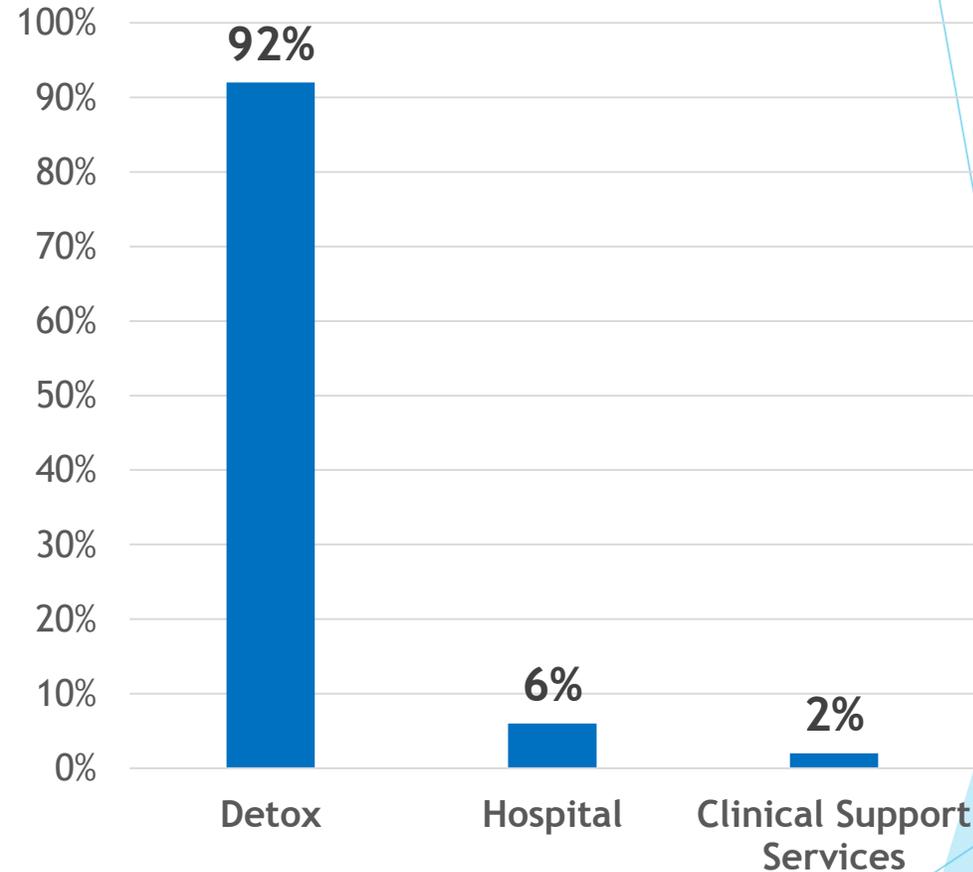
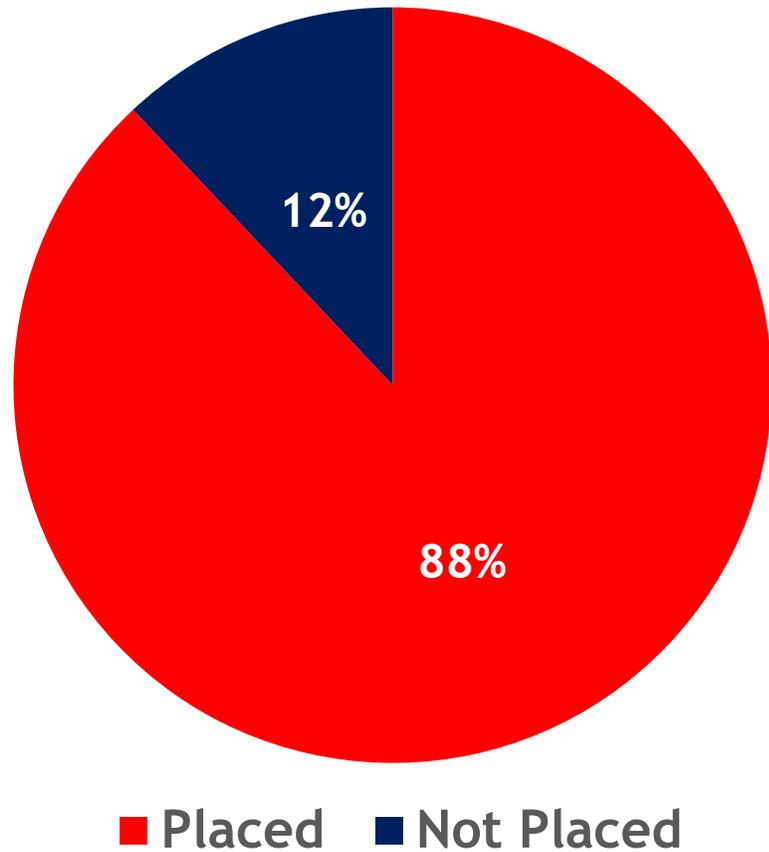
- ▶ 818 Intakes between 2/29/16 and 2/28/18
- ▶ Involving 523 unique clients.
- ▶ 31% (162) of the unique clients had two or more intakes.

Number of Clients	Number of Intakes
361 (69%)	One Intake
94 (18%)	Two Intakes
32 (6%)	Three Intakes
24 (5%)	Four Intakes
6 (1%)	Five Intakes
3 (<1%)	Six Intakes
1 (<1%)	Seven Intakes
1 (<1%)	Ten Intakes
1 (<1%)	Twelve Intakes

# Client Demographics

Unique Client Total = 523	% (N)
<b><u>Gender:</u></b>	
Male	68% (362)
Female	32% (161)
<b><u>Age Range:</u></b>	
19 or younger	1% (4)
20-29	28% (148)
30-39	38% (196)
40-49	20% (105)
50-59	11% (56)
60+	2% (10)
Unknown	1% (4)

# Treatment Placement Information



The majority, **88% (722)**, of the clients are placed into treatment. Of those, **92% (666)** are placed into a Detox program. Average wait time for a placement is **64 minutes** following the completion of the intake process.

# Client Risk Factors

- ▶ 60% (494) of the clients at intake reported being homeless at the time of intake.
- ▶ 76% (373) of the homeless clients had spent the night prior to intake on the streets of Brockton, meaning 24% (121) of the homeless came from out of town to access services.
- ▶ 5% (13) of the female clients were pregnant at intake.

# Client Risk Factors

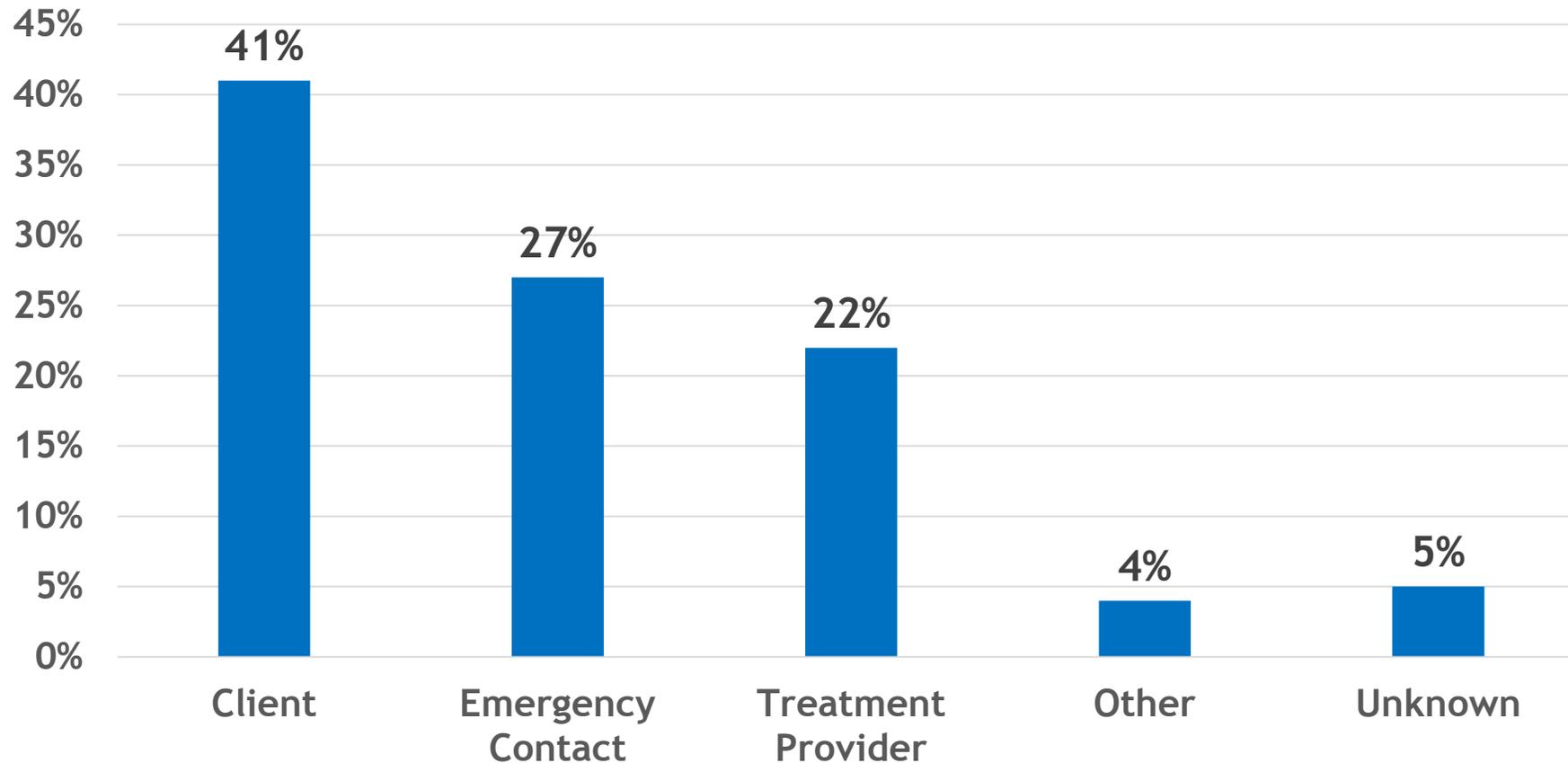
- ▶ 82% (670) of the clients at intake reported using drugs within one day or less of their intake and 10% (79) reported using drugs within 2 - 6 days of intake.
- ▶ The prior overdose question was added six months after the program began. Of the 600 clients that have answered this question, 55% (330) reported at least one prior overdose before accessing services at the Champion Plan.

# Follow-Up Data

- ▶ There were 4,143 attempted follow-up contacts made between 2/29/16 and 2/28/18 with 60% (2,496) successful in reaching someone.

Follow-Up Time Frame	# (%) of Follow-Up Attempted Contacts	# (%) of Successful Follow-Up Contacts
72 Hour	784 (19%)	636 (81%)
1 Week	759 (18%)	521 (69%)
1 Month	673 (16%)	400 (59%)
3 Months	578 (14%)	305 (53%)
6 Months	446 (11%)	216 (48%)
9 Months	338 (8%)	170 (50%)
12 Months	238 (6%)	103 (43%)
16 Months	174 (4%)	78 (45%)
20 Months	67 (2%)	28 (42%)
Not Specified	86 (2%)	39 (45%)

# Successful Contact Information



Almost half, 41% (1,056) of the successful follow-up contacts (2,496) were with the client. Contacts with the emergency contact could be a loved one, family member, or friend.

# Ingredients for Success

# TCP Ingredients For Success: Partnerships

- ▶ The Champion Plan is a collaborative effort with a wide variety of service providers.
- ▶ Successful partnerships mean clients from the program are prioritized and provided access to services in hours rather than days, weeks, or months.
- ▶ Champion Plan clients average wait for a bed is 64 minutes.

# TCP Ingredients for Success: Reputation

- ▶ The Champion Plan has gained a positive reputation in Brockton, Plymouth County, and throughout the state.
- ▶ The Champion Plan has many repeat clients that feel comfortable coming back time and time again.
- ▶ Testament to the volunteers and staff that clients feel supported and cared for that they will come back even after a relapse without fear of being judged.

# TCP Ingredients for Success: Treatment Experts

- ▶ Police can provide access points to treatment but they are not treatment experts.
- ▶ Programs are encouraged to partner with a local treatment service provider experienced with working with the Substance Use Disorder population.
- ▶ TCP has experienced staff who have long histories of working with this population and have strong relationships with the treatment providers in the area.

# TCP Ingredients for Success: Warm Handoffs

- ▶ TCP built in a series of “warm handoffs” across the program:
  - ▶ Police to TCP Staff
  - ▶ TCP Staff to program transport teams
  - ▶ Transport teams to treatment providers
- ▶ Intent is to fill as many cracks as possible to best ensure clients actually access the treatment offered.

# TCP Ingredients for Success: Follow-Up Component

- ▶ The Follow-Up component provides a predictable and deliberate effort by staff to maintain regular contact with clients and keep clients engaged with the program.
- ▶ By having this process as part of the program model, staff are constantly reminded their responsibility for the client goes well past the point of referral.
- ▶ The calls are a constant reminder to clients - if you need us, we are here.

# TCP Ingredients for Success: Data Management

- ▶ Data provides the ability to “tell the story”.
- ▶ The Champion Plan has funding for a Research Partner (KRA) and prioritized the creation of a data management tool that is user-friendly and will provide critical data to evaluate success.
- ▶ KRA was involved from the start of the program assisting with the program business model, creating goals and objectives, and creating the data collection tools.

# Conclusions

# Conclusions

- ▶ Success: The Champion Plan has incredibly detailed and complete data that helps “tell the story” of the program and the clients.
- ▶ Success: The Champion Plan is very successful at getting clients into treatment in a short amount of time.
- ▶ Challenge: The Champion Plan only focuses services on individuals with Substance Use Disorders and does not assist families/friends.
- ▶ Challenge: The Champion Plan still needs to work on long-term success like keeping clients engaged in treatment for longer time periods and reducing relapse.