

# **Operation Soteria**

# Improving Rape & Sexual Offence Outcomes

Detective Chief Superintendent David Ashton

# PROBLEM?

## Ministry of Justice 18 June 2021

### 🏥 GOV.UK

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## Policy paper End-to-End Rape Review Report on Findings and Actions

This report sets out the government's action plan for improving the Criminal Justice System's response to rape in England and Wales.

## 7 December 2021

# **The London Rape Review**

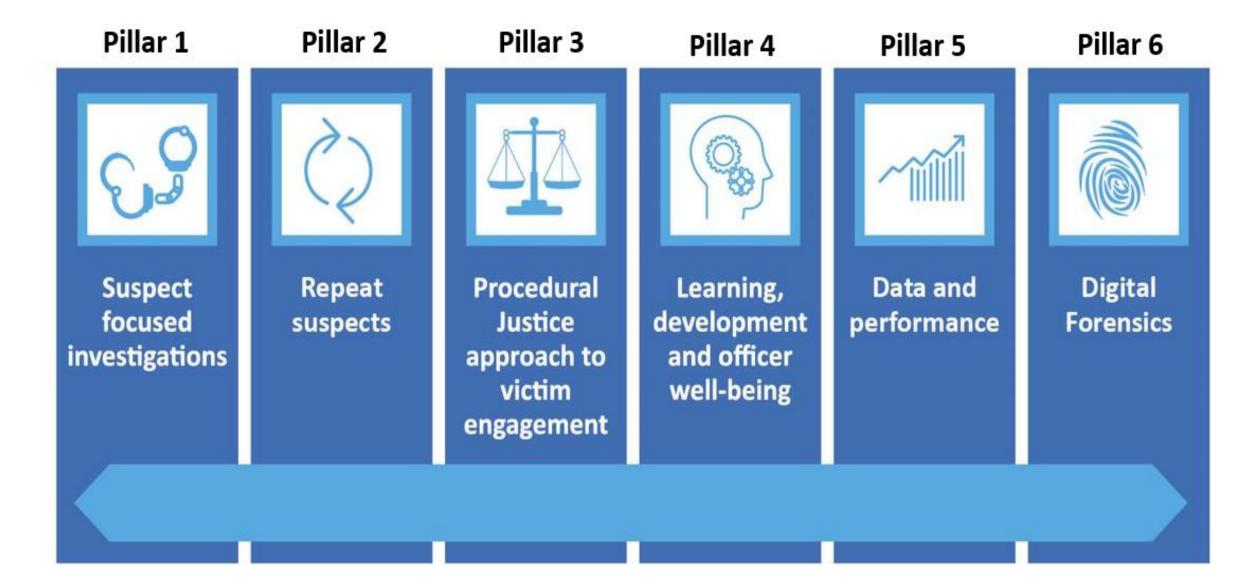
**Reflections and Recommendations** 

Claire Waxman, Independent Victims' Commissioner for London

**Operation Soteria – National Programme across England and Wales** 

2021						
Initial Dathfindar	2021/2022					
Initial Pathfinder <u>x1</u> Avon and Somerset						
	Pathfinder x 4 Metropolitan Police Durham West Midlands South Wales	2022/2023   Expansion x14   Northumbria Lancashire   Devon and Cornwall Wiltshire   Gwent Greater Manchester   North Wales Dorset	2024 Adopter x 24 All remaining forces			
		Hampshire Sussex Dyfed-Powys Kent Warwickshire Gloucestershire				

#### **Operation Soteria Framework**





RASSO = Rape and Serious Sexual Offences

# SCANNING

What was examined in Force level Deep Dive? **Rigorous multi-method research approach** 

#### **Over 40 academics across 6 Universities:**

- All rape and serious sexual offences reported between January 2018 and November 2021 (6,386 crimes, 5,362 victims and 4,206 named suspects)
- 44 case file reviews (police internal peer review based on academic coding frame & training)
- Observation of 12 RASSO shifts (including VRIs) and analysis of BWV in 9 cases
- 150 outcomes 14, 15 & 16 case file reviews
- Observations of 1 training course
- 29 Interviews and 13 focus groups with officers of all ranks and roles, ISVAs, support service provides, 2 victim-survivor feedback consultations, 1 CPS interview
- 1 police officer survey approx. 80 responses
- Document reviews of all force internal RASSO-related documents

## Key findings at Force level

- 1. Good victim care BUT 'forms' and 'processes' get in the way.
- 2. Improvements required in disrupting offenders.
- 3. Strong starts to investigations followed by 'long drifts'.
- 4. High workloads, high levels of burnout symptoms and poor training.

- Charge rates for RASSO are at an all time low
- Lack of confidence in law enforcement to respond robustly to RASSO
- Poor victim service and opportunities for perpetrators to continue to offend without disruption



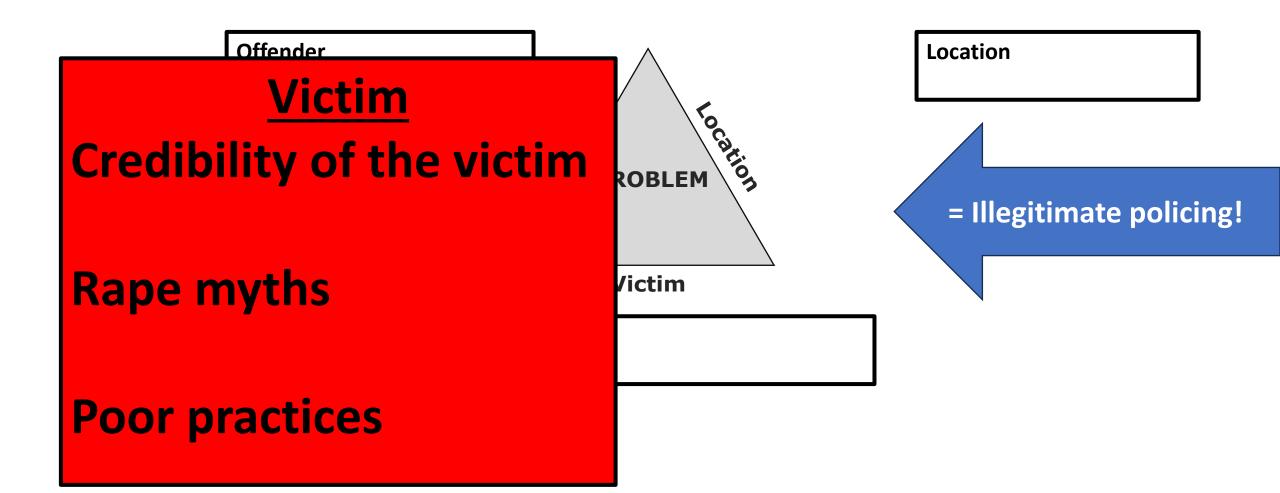


## Investigative Challenges to UK Policing...

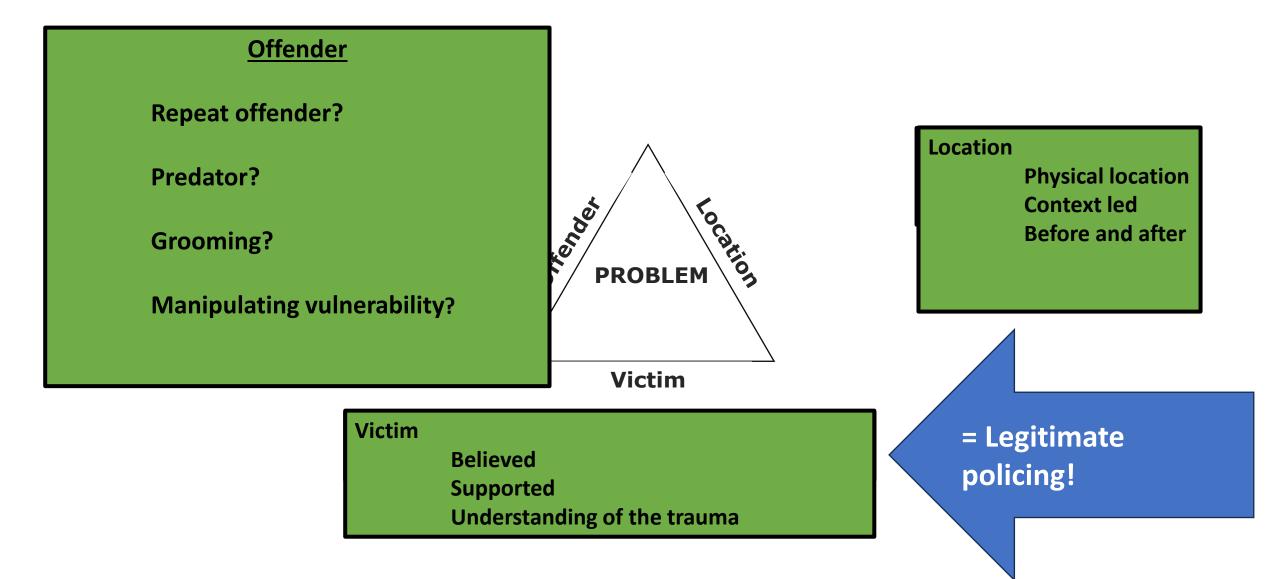
- Lack of Suspect Focus
- 'Victim Credibility' only investigations
- Rape Myths
- Digital and RASSO investigation in isolated silos
- Procedural Justice 2 outcomes

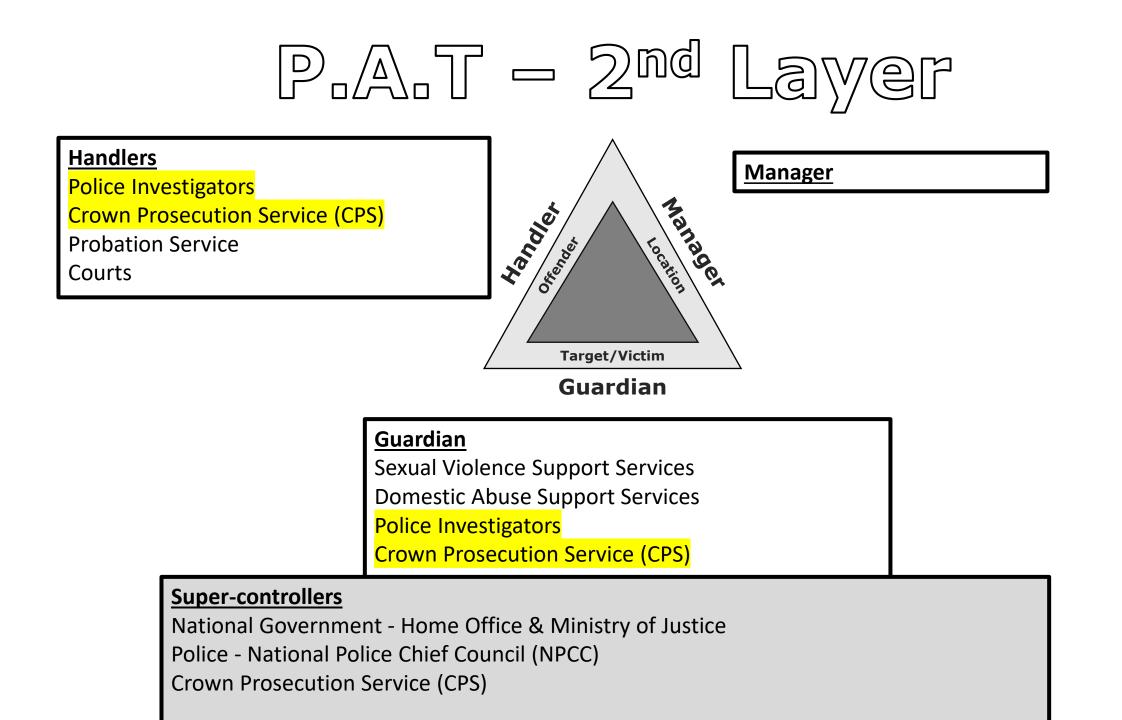
# ANALYSIS

# Analysis - P.A.T - Where we were



# Analysis - P.A.T - Where we want to be







#### Offender

- 41 % of RASSO suspects were repeat suspects •
- A quarter of repeat suspects only committed RASSO • offences
- ٠ nearly 75% engaged in cross-over offending across other types of crime.
- 14% of suspects committed RASSO offences against • Offender both males and females
- 40% of suspects had offended against victims of • different ages

#### Location

- Secrecy •
- Behind closed doors
- Social media regularly being used for grooming

## Victim

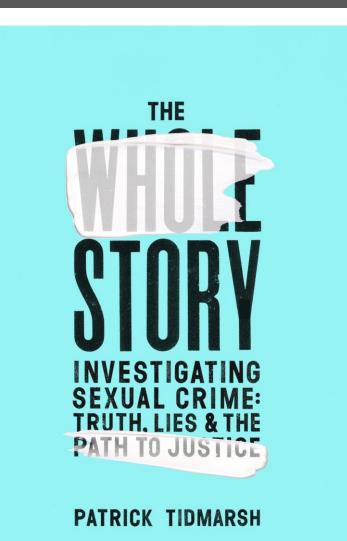
### Victim

- 35% of RASSO in a Domestic Abuse setting
- 29% of RASSO suspects involving an intimate partner

**PROBLEM** 

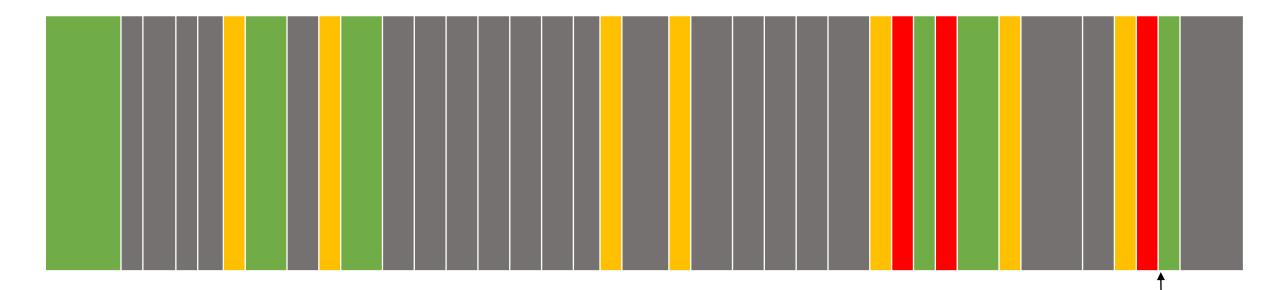
- 18% of offences against male victims
- 72% of rapes against under 13 yrs occurred over 5 yrs before reported

# RESPONSE



Dr Patrick Tidmarsh 30 years research <b> think about the GROOMING PROCESS</b> <b>in relationship-based crime</b> Peg Domestic Abuse, Coercive Controlling Behaviour, Rape, Sexual Offences, Child Sexual Explotation								
Gain power, control and authority	Isolate and sexualise	Offence	Back to stage 1					
Build trust / reliance / dependence Could be 15 mins (eg Night Time Economy) Could be 3 years (eg CCB) Gifts eg Buying drinks, Befriend Provide attention, attachment Violence / Threats	Discredit family Discredit friends Barriers to communication / contact Suspect planning: - minimize chance of getting caught - make the victim think they are responsible	Commit offence in isolation & secrecy	Love bombing? Threats? Reassurance? > Confusion / doubt					

## The Whole Story



#### 12 MONTH RELATIONSHIP $\rightarrow$

**KINDNESS & SUPPORT** 

**PHYSICAL VIOLENCE / THREATS** 

SEXUAL ASSAULT

Victim Reports 1 x sexual assault to Police

## **Tackling Rape Myths**

- Often no visible sign of injury
- Most commonly perpetrated by someone known to the victim
- Some victims may return to the suspect
- Meeting people via dating apps or flirtatious behaviour do not imply consent

Victim

# **Tackling Rape Myths**

Victim

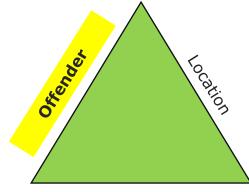
- Intoxication doesn't mean a recollection of events is unreliable.
- Victims' Response to rape is likely to include instinctual survival responses: not just fight or flight, but flop, freeze or befriend.
- **Delayed Reporting** feelings of shame and guilt may inhibit a victim from making a complaint.
- Inconsistencies in accounts can happen where a person is telling the truth or not.

## Understanding the WHOLE story

'The problem is there is too much concentration on the events rather than the <u>RELATIONSHIP</u> - need to tell the **Whole Story.** The relationship helps us to understand the events.'

### **HOW A TYPICAL OFFENDER THINKS?**

- 1. Get them to do what you want them to do
- 2. minimise chances of getting caught and
- 3. make them feel responsible
- -> Creates self blame in victims



Victim



## Offender Psychology: Implicit Theory

**Dangerous world** - adult world is difficult to navigate provoking anxiety

**Uncontrollability** - always someone else's fault

**Entitlement** – I was entitled to this because...

<u>Sexual objectification</u> - extreme sexual activity is normal

<u>Nature of Harm</u> - persuade themselves that it hasn't caused harm

# Learning application: suspect and witness interviewing

## Grooming

- How did he establish power, control and /or authority in the relationship?
- How did he sexualise the relationship?
- What behaviours did he introduce first?

### **Unique signifiers**

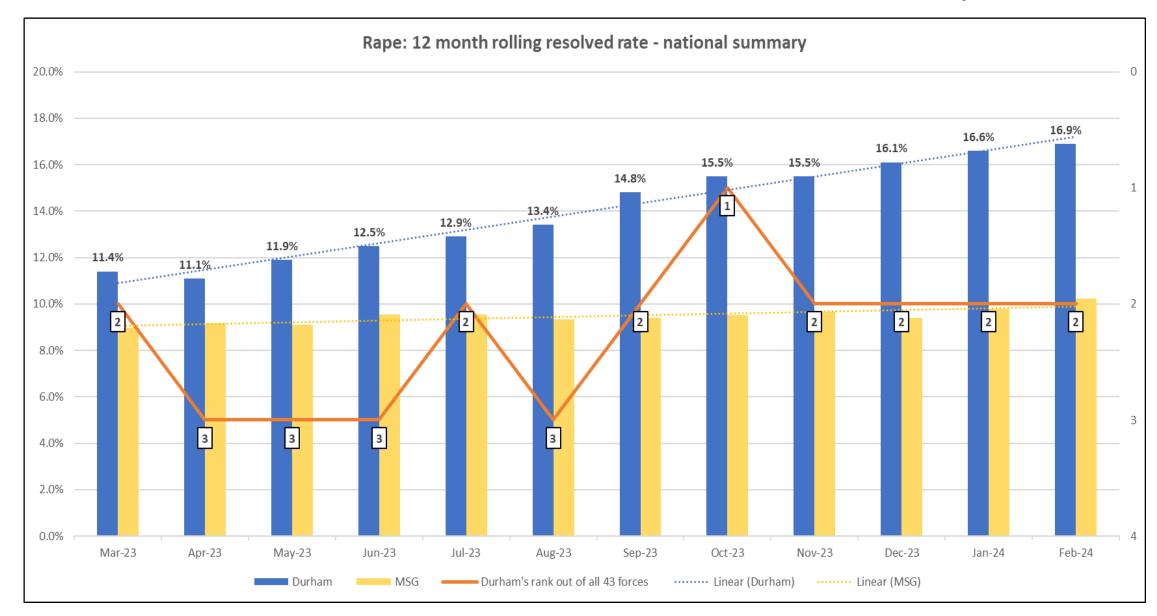
- picking out what the offenders do
- eg words, phrases, gestures, distinctive behaviours, games, bed time routines, punishments, labels used by the suspect



- Initial contact
- Video recorded interview with victim
- Suspect interview
- $\rightarrow$
- Listen
- Don't interrupt
- Allow free account

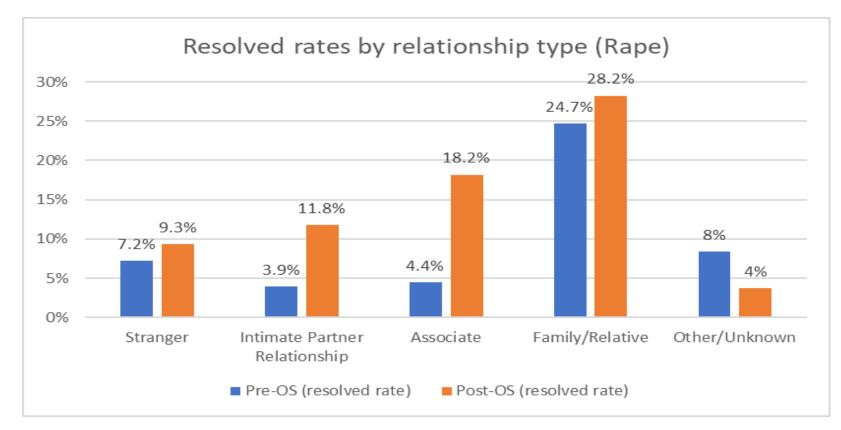
# ASSESSMENT

## Force Resolved Crime Outcomes for Rape

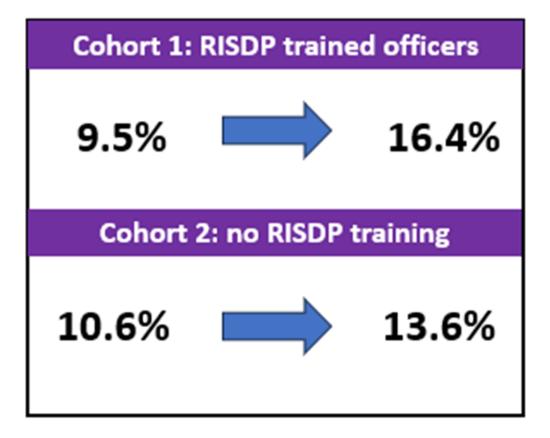


## **Outcomes & Suspect-Victim Relationship**

- > RASSO crimes assigned a charge or summons outcome increased by 67% from Pre Soteria (n=129) to Post-Soteria (n=216)
- Resolved rates for rape offences occurring within intimate partner relationships have increased by 7.8% rape and 10.4% for sexual offences.
- Charges for domestic related RASSO crime have more than doubled, increasing from 24 charges Pre-Soteria to 55 charges Post-Soteria.



Greater improvement in resolved rate for RISDP trained officer cohort compared to cohort who had not yet received the training.



Level 2 Evaluati		On a scale of 1-10 (10 being the best) How confident are you in your understanding of relationship-based crime?	On a scale of 1-10 (10 being the best) How confident are you in your understanding of sexual myths and Misconceptions?	On a scale of 1-10 (10 being the best) How confident are you in your understanding of grooming/coercive control?	On a scale of 1-10 (10 being the best) How confident are you in the actions you can take to deal effectively with sexual offence investigations?	Increase in knowledge overall
		Question 1	Question 2	Question 3	Question 4	Increase Overall
Average Score Befor	re	70.00%	74.00%	73.00%	77.00%	73.50%
Average Score After		87.78%	87.78%	87.78%	88.89%	88.06%
Percentage Increase knowledge	e in	17.78%	13.78%	14.78%	11.89%	14.56%
	100.00%		Tra	ansfer of Knowledg	e by Course Objec	tive
	90.00%					
	80.00%					
	70.00%					
	60.00%					
	50.00%					
	40.00%					
	30.00%					

10.00% 0.00%

Question 1

Question 2

Average Score Before Average Score After

Question 4

Increase Overall

Question 3

## Chief Constable Sarah Crew

'In the year ending December 2023, charges for sexual offences were up by 18% compared to the previous year, while adult rape charges increased by 38% in the same period.'







# Thank you



# **Further Reading**

- Misconceptions of sexual crimes against adult victims: Barriers to Justice. Patrick Tidmarsh and Gemma Hamilton. Australian Institute of Criminology. November 2020.
- <u>https://www.college.police.uk/national-</u> <u>operating-model-rasso</u>
- <u>Rape and Sexual Offences Annex A: Tackling Rape</u> <u>Myths and Stereotypes | The Crown Prosecution</u> <u>Service (cps.gov.uk)</u>

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