



# Street Sheet

**1422 C Street  
Sacramento, CA 95814  
916.443.2646**

**FrancisHouseCenter.org**

## Direct Services

Monday, Tuesday, Thursday & Friday  
9 a.m. – Noon

*Please bring something with your name on it for ID (EBT card, medical card, utility bill)*

- Resource Counseling
- Bus Passes (1 per week)
- Fast Track (New job transportation assistance)
- CA ID's
- Hygiene Kits

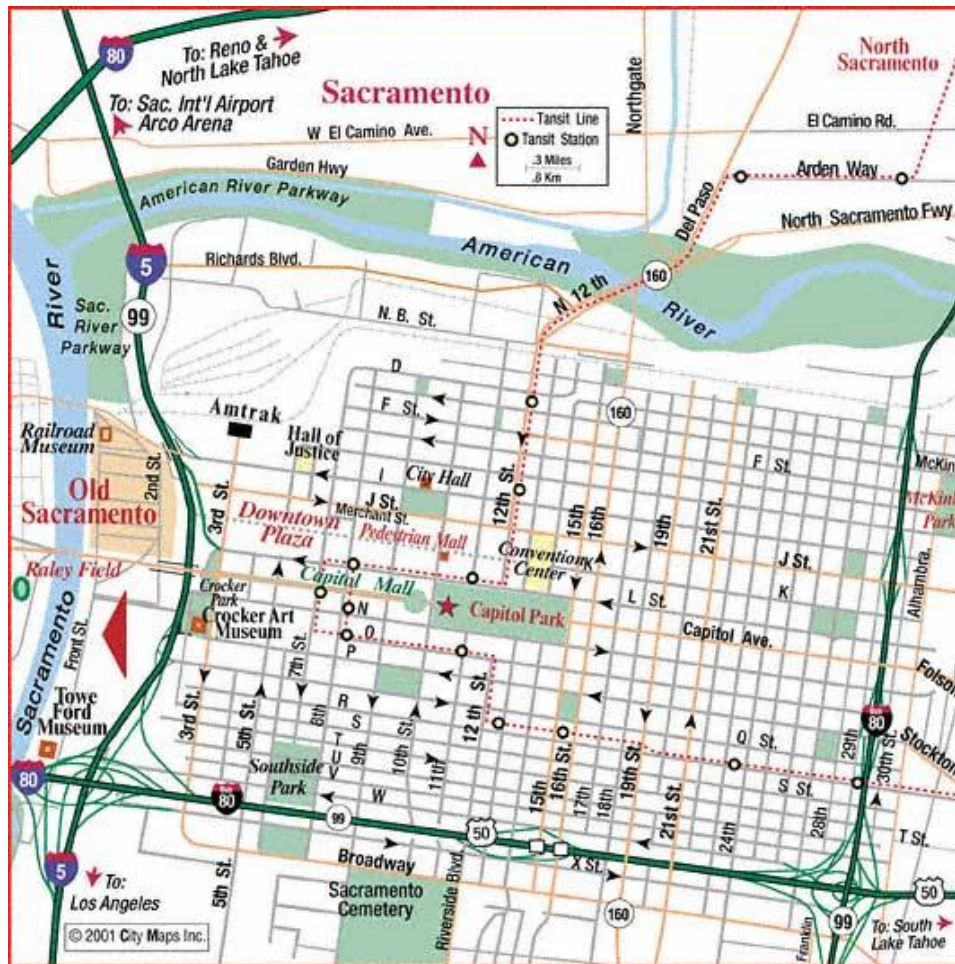
## DMV Voucher for CA ID

If you are able to pay a reduced fee of \$8.00 for your CA ID, then you can pick up a DMV Voucher form from our front desk without getting a number **Monday, 9:30 a.m. – noon and Tuesday, Thursday, Friday, 9 a.m. – 3 p.m.** If you require any other Direct Services in addition to the voucher, you will need to come at 9 a.m. and obtain a number.

## Childcare Supervision Playroom

**Ask about availability**

Our childcare playroom is supervised. Children are offered activities and provided a snack while their parents are focused on finding work, housing, or meeting with a Resource Counselor for resources and goal planning. Children 2 years and younger must be accompanied by a parent. No drop offs. Parents must remain on FHC site.



## Family Rescue Program

This program provides temporary shelter for one week to parents and guardians with (1) at least one minor child, or (2) an 18 year old who is currently enrolled in high school or (3) the adult applying is pregnant in the last trimester (7 months).

**Pre-screening application must be completed in person Monday at 1 p.m.**

**Please bring:**

- Valid ID / Driver's License
- Proof of all income
- Proof of custody of children

*(Examples: Letter from school or a printout of benefits that includes all case names)*

**Those with documentation and who meet requirements will draw numbers lottery style. We can accept six applications per week.**

## Personal Development Coaching

**Call to make an appointment**

One-on-one appointment for goal planning and detailed resources, with follow-up appointments recommended. Call (916) 443-2646 to make an appointment. Walk-ins are based on availability.

## Job Development Center

**Monday, Tuesday, Thursday & Friday  
9:30 a.m. – 1 p.m.**

The JDC is open to assist with job and housing searches; create and update resumes, cover letters; and to practice interviewing for employment or housing.

## Special Advocates at Francis House

<b>Tuesday</b>	Sac. County Triage Nurses	<b>1 p.m. – 3 p.m.</b>
<b>Thursday</b>	Notary Service	<b>11 a.m. – 1 p.m.</b>
	Veterans' Advocate	<b>9 a.m. – 11 a.m.</b>

HOTLINES & EMERGENCY

Parent Support Line	1-888-281-3000
Alcoholics Anonymous 24 hr.	454-1100
AL-ANON (support for family/friends)	888-425-2666
If intoxicated, Non-Emergency Calls	264-5471
Police wagon will pick up and deliver to VOA Detox	
InfoLine Sacramento	498-1000 or 211
California Youth Crisis Line	1-800-843-5200
(www.youthcrisisline.org) Counseling & medical services, shelters, crisis centers, AIDS testing and transportation info.	
National Runaway Switchboard (Confidential - 24 hrs.)	
Crisis intervention, independent intervention.	
Message center for kids & adults.	1-800-621-4000

**TLCS Mental Health Crisis Respite Center**  
(916) RESPIRE or (916) 972-1017  
Offers a safe place for those experiencing a temporary mental health crisis but is not life threatening or in need of psychiatric hospitalization. Individuals can stay not a shelter, there are no beds. There is no medical staff on site to assist with medication issues.

Rape Crisis Line (WEAVE) 24 hr.	Domestic Violence & Sexual Assault	920-2952
Red Cross 24 hr.	Emergency & Disaster Only	1-800-696-3873
My Sister's House 24 hr.	Multilingual Help Line	428-3271
Business line 930-0626		
Safe haven for Asian Pacific Islander women & children impacted by domestic violence.		
Safe shelter. Woman to Work Program.		
Senior Legal Hotline	551-2197 or (800) 222-1753	

LOAVES & FISHES OUTREACH PROGRAMS

12<sup>TH</sup> & North C Streets

Administration	446-0874
Jail Visitation	447-9472
Page Friendship guest	443-9499
Clean & Sober	498-0331
Mustard Seed School	447-3626
Genesis (Mental Health)	669-1536
Legal Clinic	Mon.-Thurs. 8 a.m. – 12 p.m.
SSI Attorney	Mon.- Thurs.

Area code is 916 unless otherwise stated.

To download our most recent version, go to [FrancisHouseCenter.org](http://FrancisHouseCenter.org)  
Email changes or additions to: [leah@francishousecenter.org](mailto:leah@francishousecenter.org) or call 443-2646.  
The Street Sheet is produced by Francis House Center.



Sac. Area Emergency Housing	Open 24hrs. RT Bus 68
Sacramento Mental Health	732-3637; 2150 Stockton Blvd.
RT Buses 38, 50, 83	
Dept. of Motor Vehicles	657-6555; 4700 Broadway
RT Buses 38, 50, 51, 83	
DMV info 1-800-777-0133	
Lutheran Social Services	453-2900, 2980 - 35 <sup>th</sup> St
M-F 8:30 – 4:30pm	
RT Buses 51, 68	
Employment Dev. Dept.	2901 50 <sup>th</sup> St @ Broadway
RT Bus15, exit @ 53 <sup>rd</sup> &	
Broadway RT Bus 83, exit @	
Broadway RT Bus 38	
Sacramento Food Bank	452-3663; 3333 3 <sup>rd</sup> Ave./Broadway
RT Buses 51, 68, 83	
Central Detox Reception Center	448-1236; 2700 Front St. Open 24
hrs (near Broadway) RT Bus 38	
Legal Services of Northern CA	444-6760; 515 12 <sup>th</sup> St. (at E St.)
Alkali Flat Light Rail Station & RT	
Bus 34 At 12 <sup>th</sup> & F St RT Buses 30,	
31, 32, 61, 62	
Traveler's Aid	399-9646; 2251 Florin Rd, #130
RT Bus 63 or 64	
The Job Program Salvation Army	442-0303; 12 <sup>th</sup> & North B St
Alkali Flat Light Rail & RT Bus 15	
The Well Space Health	325-5556; 1820 J St. (need Medi-
cal card) M-F 8am-5pm	
Wellspring Women's Center	454-9688; 3414 - 4 <sup>th</sup> Ave. (at 34 <sup>th</sup>
@ Broadway) RT Buses 51, 68, 83	
Primary Care Center	874-9670; 4600 Broadway
RT Buses 38, 50, 51, 83	
Sacramento Food Bank	452-3663; 3333 3 <sup>rd</sup> Ave./Broadway
RT Buses 51, 68, 83	

**(Misc. Services Continued)**

<b>WILLOW MEDICAL CLINIC</b> @ Salvation Army: 1200 North B St. <b>info@willowclinic.org</b> Medical help every Saturday 8:30 a.m. – noon for homeless & uninsured, first come first served. Current TB card required.	<b>572-4502</b>
<b>LEGAL SERVICES OF N. CALIF.</b> 515 – 12 <sup>th</sup> Street (at E) M-F 8:30 a.m. – noon, 1 p.m. – 5 p.m. Problems with public benefits /Landlord/Tenant; Call for appt.	<b>551-2150</b>
<b>SENIOR LEGAL HOTLINE</b> 444 North Third Street, #312 <b>Senior Hotline (800) 222-1753</b> Free legal services for seniors and low income	<b>551-2140</b>
<b>SOCIAL SECURITY OFFICE</b> <b>National Line</b>	<b>1-800-772-1213</b>
<b>IMMIGRATION LEGAL ASSISTANCE</b> 1901 Alhambra Blvd. (2 <sup>nd</sup> Floor) <b>WELFARE RIGHTS</b> M-F, 9:00am-5:00pm CalWORKs, food stamps, Medi-Cal rep. at hearings	<b>443-5367</b> <b>736-0616</b>
<b>WOMEN'S EMPOWERMENT PROGRAM</b> 1590 North A Street Open M-F 8:30 a.m. - 4:30 p.m. 8 week program for homeless women to develop job readiness skills & personal strength.	<b>669-2307</b>
<b>DISABILITY ACTION ADVOCATES</b> Call for info or an appointment	<b>838-7001</b> <b>1-(877) 322-1044</b>
<b>SENIOR ADVISORY GROUP</b> Senior Healthcare Specialist	<b>247-7692</b>
<b>LGBT COMMUNITY CENTER</b> Programs, support and advocacy for the LGBT community	<b>442-0185</b>
<b>SACRAMENTO ADVOCACY FOR FAMILY EMPOWERMENT</b> 1908 O St. Mental health. Advocacy & support services to families and youth, free of cost. They facilitate a Teen Co-ed Group, Teen Anger Management Group and 2 Family support groups (one is Spanish speaking)	<b>855-5427</b>
<b>DEPARTMENT OF REHABILITATION</b> Call to ask for office closest to you. Free services to help the disabled work and live independently	<b>558-5300</b>
<b>PARATRANSIT MOBILITY MANAGEMENT CENTER RIDEQUEST</b>	<b>429-2009 x 7229</b>

**SHELTER PROGRAMS**

<b>TRAVELERS AID SOCIETY</b> 2251 Florin Road #130 Assistance for emergency housing, homeless families ONLY, call for appt. M-F, 9-12 & 1-4, Attendants on duty after 5:30 p.m.	<b>399-9646</b>
<b>UNION GOSPEL MISSION</b> 400 Bannon St. Sac. 95811 <b>6:30-6:45 PM. Bed sign-up –Men ONLY</b> Showers/Shaves 9-11 AM & 1-3 PM, M-Th, 9-11 & Fri. 6 A.M. breakfast for residents.	<b>447-3268</b>
<b>SALVATION ARMY SHELTER</b> 12 <sup>TH</sup> & North B Street General Office 1 p.m. (M-F) bed sign-up – Women only 1 p.m. (M-F) bed sign-up – Men only Dinner, breakfast & clothing for residents <b>Utility Assistance and Food Boxes</b> <b>Thrift Shop</b>	<b>442-0331</b> <b>678-4010</b> <b>678-4040</b> <b>448-0890</b>
<b>FAMILY PROMISE</b>	<b>443-3107</b>
<b>HOME START</b> –Roseville, Families only Transitional housing only – Not a shelter	<b>782-6667</b>
<b>NEXT MOVE (formerly SAEHC)</b> 2925 34 <sup>th</sup> Street (clothing/household items M-W-F, 9 a.m. - Noon) Family Shelter –Families, single fathers w/ children Women's Refuge –Single women, no children Call for screening / space availability	<b>455-2160</b>
<b>BANNON STREET SHELTER</b> – <i>for families</i>	<b>443-4688</b>
<b>A STREET SHELTER</b> - <i>for Men Only</i> 1400 A Street. 8 p.m. – 6 a.m. <b>Call for waitlist</b>	<b>448-5507</b>
<b>ST. JOHN'S SHELTER</b> 4410 Power Inn Road Women and children, 90-day max stay. Call for Intakes – 7 days a week Meals and showers provided for our guests. No boys over 14 yrs. D&A & Mental Health Counseling, Parenting Classes	<b>453-1482</b>
<b>LUTHERAN SOCIAL SERVICES</b> Programs for transitional housing for families & youth, housing for disabled individuals, families, and emancipating foster youth.	<b>453-2900</b>
<b>U.S. MISSION OF SACRAMENTO</b> Transitional housing and work based program for men.	<b>515-9297</b>
<b>SACRAMENTO SELF-HELP HOUSING</b> Various locations - housing referrals & shared housing	<b>341-0593</b>

**SHELTER PROGRAMS**

**WIND YOUTH SERVICES**

Emergency shelter for youth, 12 - 17 yrs old.  
Emergency shelter for youth, 18 - 24 yrs old  
Drop-in Center – homeless 12-24 yrs old. **1722 J Street, M-F 9am-6pm, S-S 10am-2pm**  
Services also include: street outreach, case management, mental health

**VOLUNTEERS OF AMERICA**

Office 8 a.m. - 4:30 p.m.  
“Aid in Kind”

**DOMESTIC VIOLENCE SHELTERS**

**MY SISTER'S HOUSE**

**24 Hr. Multilingual Help Line**  
**Office**  
**930-0626 428-3271**  
Safe haven and transitional house for Asian and Pacific Islander women and children impacted by domestic violence and human trafficking; Women to Work Program  
is for domestic violence survivors of all ethnicities.

**WEAVE** 1900 K St. (Midtown) or 7600 Hospital Dr., Suite 1 (South)  
**24 Hr. Crisis Line 920-2952 / 443-3715 (TDD)**

Free walk-in triage assessment for abused & battered women & children. Crisis counseling, safe houses for women & children, also children's program & services in Spanish.

**MENTAL HEALTH SERVICES**

**GUEST HOUSE (El Hogar)** 1400 No. A St., Bldg. A  
**440-1500**  
Mental health clinic for the homeless, triage for new clients: 8:00 a.m. Mon. – Fri.  
Mental health evaluation, medication if needed. SSI application.

**SACRAMENTO COUNTY MENTAL HEALTH** 2150 Stockton Blvd. (at T)  
**24 hr. 875-1000 732-3637**  
Crisis Line  
Will evaluate for voluntary psychiatric care. In-Patient Care Facility, Drop-in, 24 Hr.  
**875-1055 875-9980**  
**Adult Service**  
**Children's Service**

**GIFTED HEALING CENTER** 2251 Florin Rd., Suite 133  
**421-1500 706-2269**  
Intake  
Substance abuse, out-patient treatment & inpatient for men & women.  
Sliding scale payments, court order clients

**NAMI SACRAMENTO** 3440 Viking Drive, Suite 125  
**364-1642**  
Support for individuals coping with mental illness and their families. Offering crisis help, support groups, NAMI educational courses, and an extensive list of resources.  
**Mental Health Crisis Center 732-3637**  
**Minor Emergency Response Team 875-1113 or 875-1114**

**DENTAL CARE**

**SACRAMENTO DENTAL CLINIC** 4600 Broadway  
**874-8300**  
Suite 1400 (Triage & walk-ins)  
Suite 2100 (Apts. only) Mon.-Fri. 8 a.m. – 5 p.m.

**AIDS**

**HARM REDUCTION SERVICES** 2800 Stockton Blvd., (Stockton & 3<sup>rd</sup> Ave.)  
**456-4849**  
Mon. – Fri. Noon – 6 p.m. for Walk-ins  
Free medical clinic most Saturdays; Noon - 5 p.m. / sign up at noon at 3647 40<sup>th</sup> St.  
Free Women's Clinic; 8 a.m. – noon on the last Sat. of the month  
**BREAKING BARRIERS** 2210 – 21<sup>st</sup> Street  
**447-2437**  
M-F, Noon – 4 p.m.  
Works with HIV +/- AIDS, Homeless & IV Drug Users  
2<sup>nd</sup> Sat. from 5 p.m. – 9 p.m. at Sac. LGBT Center (L and 20<sup>th</sup>)  
**CARES** 1500 - 21<sup>st</sup> Street  
**443-3299**  
(Treats HIV & AIDS)

**MISC. SERVICES**

**CENTRO GUADALUPE** 730 S Street  
**443-5367**  
*Multi services for Latino community*  
Rental & util. assist., bilingual, jobs, immigration program – fee involved  
**DEPT. OF HUMAN ASSISTANCE (WELFARE)** 28<sup>th</sup> & R (Call for assist. and locations)  
**874-2072 874-2256 874-2072**  
Medical – M-F, 7:30 a.m. – 5 p.m.  
Homeless Assistance (Food Stamps)  
Hand Imaging  
**874-3800 874-6811**  
Walk-in M-F, 8 a.m. – 4 p.m. / Phone clients – M-F, 8 a.m. – 5 p.m.  
Counseling, claim dev., advocacy, benefit entitlement, etc.

**EMPLOYMENT DEVELOPMENT DEPT.** 2901 50<sup>th</sup> St (at Broadway)  
**1-800-300-5616**  
M-F, 8 a.m. – 5 p.m.  
Job Services, Career Centers (Downtown)  
Old Marshall School –2718 G Street  
Broadway – 801 Broadway (for one nearest you, call 263-3800)

**COMMUNITY CONNECTION RESOURCE CENTER**  
**568-5980**  
1217 Del Paso Blvd.  
Help for ex-offenders, pre-release services, basic skill dev., job placement assist.



***(Detox Centers Continued)***

**ALCOHOL & DRUG SERVICES** 3321 Power Inn Rd., Ste. 120 **874-9754**  
Sacramento County Dept. of Health & Human Services  
M – F, 8 a.m. – 11 a.m. & 12:30 p.m.–4 p.m.  
Assess for Alcohol & Drug Treatment, Proof of Sac. County Residency.

**MEDICAL CARE**

**BIRTHING PROJECT CLINIC** 1900 T St. **558-4800**  
M-F, 8 a.m. - 5 p.m., Family Planning & Pre-Natal. Spanish

**IMANI HEALTH CLINIC (Free Clinic )** 3415 Martin Luther King Blvd. **734-5070**  
Open Sat. 8 a.m. – 1 p.m.

**DEL PASO HEALTH CENTER** 3950 Research Dr. **648-0907**  
Tues. & Thurs. only 8 a.m. – 5 p.m.

**WELL SPACE HEALTH MEDICAL CLINIC** 1820 J St. **313-8400**  
Adults, children, M-F 9 a.m. – 8 p.m. / Sat. 8 a.m. – 4 p.m. *Medi-Cal appts. only*  
Gen. Health Care, HIV tests. Call after 3 p.m. for tests. Physicals anytime- Scale fees

**WELL SPACE HEALTH OAK PARK CLINIC** 3415 ML King Jr. Blvd. **233-4910**  
M – F, 8 a.m. – 5 p.m.  
Primary Care for women & children. Sliding scale, CHDP/Family PACT/Medi-Cal.

**MERCY CLINIC (L&F)** 1321 No. C St. (at 12<sup>th</sup>) **446-3345**  
General Med Care for people without SSI/Medical who are homeless.  
No I.D. req, M-F 7:30 a.m. - noon & 1 p.m. - 3:30 p.m.  
Sign-ups in Friendship Park, 7:30 a.m. - 11:30 a.m. / Walk-ins OK 1 p.m. - 3:30 p.m.

**PRIMARY CARE CENTER** 4600 Broadway, Ste 1100/1200 **874-9670**  
Call for Appt. **874-8277**  
General Health 8 a.m. – 5 p.m., M - F for homeless 21–65 yrs. old

**WOMEN'S HEALTH SPECIALISTS** 1750 Wright St., Suite 1 **451-0621**  
Tues. – Sat. 9 a.m. - 5:30 p.m.  
Free & low cost reproductive health services, birth control, HIV/STD testing & referrals for women & men.

**SACRAMENTO LIFE CENTER** 930 Alhambra Blvd., Suite 230 **451-4357**  
**HOTLINE 451-2273**  
Free pregnancy and STD testing. Pregnancy support services.

**COUNSELING CENTERS**

**DOMESTIC VIOLENCE INTERVENTION CENTER** 6060 Sunrise Vista Dr., Suite 2240  
**728-5613**  
Harmony House Crisis Line **728-7210**

**THE EFFORT – COUNSELING (Aquarian)** 8233 N.E. Stockton Blvd. **368-3080**  
M-Thurs. 9 a.m. - 8:30 p.m. / Fri. 9 a.m. – 5 p.m. or **679-3925**  
Scale fee, A & D counseling, group counseling, HIV test by appt.

**YOUNG WOMEN IN TRANSFORMATION -** **476-4097**  
4635 Freeport Blvd. Suite B, Sacramento, CA 95822  
Helping young women transition into adulthood from homeless or near homeless, aging out of foster care, juvenile center or expelled from home.

**HOT MEALS**

**GLORY BOUND MINISTRIES** 4527 Parker Ave. **452-7078**  
Sun. 10 a.m. Worship, 11:30 a.m. Meal  
Sun. 5 p.m. Worship, 6:30 p.m. Meal

**LOAVES & FISHES** 1321 No. C (at 12<sup>th</sup>) **446-0874**  
For Meals: Mon-Fri 11:30 a.m. - 1 p.m., Sat & Sun 11 a.m. - 12:30 p.m.  
(Tickets 7 a.m. - 12:30 p.m. at Friendship Park)

**ST. IGNATIUS LOYOLA PARISH** 3235 Arden Way **482-9666 ext.217**  
Meals served 6 p.m. – 7 p.m. on the 4<sup>th</sup> & 5<sup>th</sup> Wed. of month

**ST. PHILOMENES** 2428 Bell St. (at El Camino) **481-6757**  
Tues. 6 p.m. - 7 p.m. ( Meal is served in school gym at 2320 El Camino)

**WILLIAMS MEMORIAL COGIC** 4995 ML King Jr. Blvd. **453-9033**  
Food give-away every other Fri. 11 a.m.

**ST. VINCENT DePAUL** 141 Riverside Ave., Roseville **781-3303**  
Roseville Hot Meals T, W, Th. & Sat. 12 - 1:30 p.m. / Sun. 2:30 p.m. - 4 p.m.  
Clothes vouchers M-F, 10 a.m. – 3 p.m.  
Food Locker Sat. & Sun. 2:30 p.m. – 4 p.m. at 503 Giuseppe Court, Suite 8  
For Placer Co. Residents: T, W, Th, F, & Sat 9 a.m. - 11:30 a.m.

**UNION GOSPEL MISSION** 400 Bannon St. (North B St. at 12<sup>th</sup>) **447-3268**  
Church Services 7:30 p.m. (required), dinner following. 7 days  
Sunday Services 11 a.m., w/lunch following

**FIRST UNITED METHODIST CHURCH** 2100 J Street **446-5025**  
Community breakfast last 2 Suns. of month at 8:30 a.m. Social Hall

**DAY SHELTERS / HOSPITALITY CENTERS**

**FRIENDSHIP PARK (LOAVES & FISHES)** No. C at 12<sup>th</sup> Street 443-7378  
(Page Guest @443-9499)  
**Men & Women Drop-in** 7 a.m. to 2:45 p.m. M-F  
**Coffee & Food** 7 a.m. to 8:30 a.m. M-F  
**Showers** M, W, F 7 a.m. to 2p.m., Tu & Th 7 a.m. to 10:30 a.m.  
**Laundry Vouchers** M-F, 9 a.m. Haircut Vouchers M-F

**MARYHOUSE (LOAVES & FISHES)** 1321 No. C St. (at 12<sup>th</sup>) 446-4961

Women and Children, 8 a.m. – 3 p.m. M – F  
Breakfast 8 a.m. – 9 a.m. Showers, mailing address & telephone.

**UNION GOSPEL MISSION** 400 Bannon St. 447-3268

All Services 9 a.m. – 11 a.m. & 1 p.m. – 3 p.m. on M-Th. 9 a.m. – 11 a.m. on F & S  
Showers, shaves, mail address service. 9 mo. Drug & Alcohol Program for men only

**WELLSPRING WOMEN'S CENTER** 3414 - 4<sup>th</sup> Ave. 454-9688

M-F, 7:30 a.m. - 11:30 a.m., Hospitality Center for mothers & children, Breakfast served. Counseling, case management & various group sessions & activities.

**UNITED CHRISTIAN CENTER** 110 6<sup>th</sup> Street, West Sacramento 372-8980

Yolo residents only, M-Th, 8:30 a.m. - 1:30 p.m.

Showers & Laundry 11 a.m. - 1:30 p.m. Food Locker–Wed. Some clothing available.

**FREE CLOTHING / FOOD BANKS**

**CENTRAL DOWNTOWN FOOD BASKET** 1701 L St. 761-5624

St. John's Lutheran Church at Goethe Hall  
Groceries (95814 & 95816 zip) on Thurs. only, 9 a.m.

**RIVER CITY FOOD BANK** 1800 – 28<sup>th</sup> St. ( at R St.) 446-2627

M-F 11:30 a.m. – 3 p.m. Once every calendar month distribution & CalFresh

application assist. ID required for all family members; Medi-Cal cards best.

**ST. MATHEWS CHURCH** 2300 Edison Avenue 927-0115

Food, clothing, health, family resources  
Food – Tues. & Thurs., 9:30 a.m. to 11:30 a.m. (95815, 95821, 95608, 95660)

**UNION GOSPEL MISSION** 400 Bannon St. 447-3268

Clothing for men- 9 a.m. – 11 a.m. & 1 p.m. - 2:45 p.m., Mon. - Thurs.  
(ID required) Women's clothes closet - Thurs. 9 a.m.

**(Food/Clothes Closets Continued)**

**SACRAMENTO FOOD BANK & FAMILY SERVICES** 3333 Third Ave. 456-1980  
Call for more info.  
**Food Hotline: (916) 313-7606**  
**Clothing, Infant support, education & food programs** **Clothing Hotline: (916) 313-7663**  
**Parent Education Hotline: (916) 313-7622**

**SIERRA ARDEN FOOD CLOSET** 890 Morse Avenue 483-1942  
T-F 10 a.m. - 11:45 a.m. (Zips 95825 & 95864)

**WIC – Women, Infants, and Children** 915 Broadway 326-5830  
**Nutrition Program** for Pregnant women and mothers with infants & children.  
M, Tu, Th, F 8:15 a.m. - 4:15 p.m. & Wed. 8:15 a.m. - 6 p.m.

Call for appt., Medical, proof of income, address & picture ID req. (call for other locations)  
**RANCHO CORDOVA COMMUNITY FOOD LOCKER** 10497 Coloma Rd. 364-8973  
(St. John Vianney Church) Once every 30 Days. SS ID required

M, W, F 9:30 a.m. – 1:30 p.m. Serves 95670, 742, 655, 683, 826, 827, & 830.

**1<sup>st</sup> CHURCH OF NAZERENE** 1820 – 28<sup>th</sup> St. (28<sup>th</sup> and S St.) 452-6171

**Donations Accepted** – Tues. 10 a.m. – 1 p.m. **Clothes Closet** - Thurs. 10 a.m. – 1 p.m.

**CAP. CITY SEVENTH DAY ADVENTIST CHURCH** 6701 Lemon Hill Dr. 381-5353

8:30 a.m. – 11:30 a.m. Food & Clothing - Every Mon. except the 1<sup>st</sup> one of the month.

**LIBERTY TOWERS CHURCH** 5132 Elkhorn Blvd. 504-3370

Hot meals at Rusch Park on T & F at 4 p.m. **Food Boxes** Tues. 10:30 a.m.

Emergency Food Boxes call (916) 470-0408

**SOUTHPOINTE CHRISTIAN CENTER** 7520 Stockton Blvd. 504-3370

Mon. 7:30 a.m. – 10 a.m.

**DETOX CENTERS**

**THE EFFORT DETOX CENTER** 7586 Stockton Blvd. 691-3417

Alcohol Residential Detox Facility. Detox for Adults from Opiates or Stimulants.

Call first – waiting list, 14 day detox period – cost is \$1,650 or County Beds

**VOLUNTEERS OF AMERICA (DETOX)** 700 North 5<sup>th</sup> Street 448-1236

Alcohol Treatment Center - Alcoholics only

Screened 72-hr. plus sobriety for comprehensive alcohol treatment center